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- Memory Care
- Rehabilitation



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THE GOLDEN NEWS

WELCOME NEW & RETURNING MEMBERS

Julie Taylor	Cindy L Smith
Susan Widman	Constance Harnesh
Robert Tiell	Kathleen Tiell
Judy Thiel	Rachelle Griffin
Barbara Osborn	Sharon Jerman
Wanda Davis	John Hohman
Teresa Jacobs	Paulette Heyman
Mary Paxton	Marie Arend
Linda Crum	
Jane Schimmoeller	

MEMORIALS

In memory of **John Shatzer**
 Given by Shirley Robbins

In memory of **Phyllis Wurm**
 Given by Carl & Bonnie Miller

In Honor of **Diane Culver**
 Given by Carl & Bonnie Miller

In Honor of **Kathy Krupp**
 Given by Cathie Stark

Thank you for your generosity.

LEAVING A LEGACY FOR AEC

Legacy gifts are planned gifts that designate part of an individual's estate as a donation to a nonprofit organization. Often times, these gifts are the most significant ones we can make. Legacy giving does not require a large gift, it only requires a thoughtful choice to include the Allen Eiry Center, Inc. In your financial planning.

Legacy gifts have been fundamental in the growth of the Allen Eiry Center since it opened its doors in 1971. If you share our vision, or if you or a loved one have enjoyed services at the Allen Eiry Center, consider how a planned gift could benefit you and our organization.

**SINGLE DAY "NEW" TRIP
 REGISTRATION**
Monday, December 9, 2024.
 Doors open at 8:30AM.
 No phone reservations until 10AM.

Be a part of our journey. Your contribution creates opportunity.



Allen Eiry Center

Activities, Events, Travel, and More

PHONE: (419) 448-9774
MONDAY—FRIDAY 8:30AM-4:00PM

28 HOPEWELL AVE., TIFFIN, OHIO
www.alleneiry.com

DECEMBER 2024
Volume 148

LION'S CLUB POPCORN BALL

Available at AEC

Single Popcorn Ball: 75¢

Dozen: \$9.00

While supplies last!



Dear AEC Members,

As you all know, Diane has retired. As sad as seeing her go, I am happy for her. She now has more time to relax, enjoy her family and her hobbies, but most of all enjoy all the hard work she put into making the Allen Eiry Center the amazing place it is!

Since moving into the Director's role, I have been overjoyed by all your kind words and heartwarming messages I have received from the membership here at AEC; you are top-notch!

I am excited to take on this new role. The support that has been shown is why I know I have made the right choice to accept this position.

Thank you all for your patience while I am learning the ropes. If you have any questions, concerns, or suggestions, please feel free to stop in, call, or email. diraesctiffinohio@yahoo.com

Merry Christmas and Happy New Year to you and your family.

Nicole Sanchez,

Executive Director

Tiffin City Schools Superintendent

Jerry Nadeau

Tues., Jan. 14, 2025 @ 10AM

State of the schools: where are we, where are we going, what are our challenges, how it affects the community. Questions are welcome

Call to reserve your seat. 419-448-9774

“OFF OUR ROCKERS CHORUS”

Practice on Dec. 5 @ 10AM at the Allen Eiry Center.

Dec. 6 @ 5:15PM Performance: Christmas Tree Lighting Ceremony, Tiffin Courthouse

Dec. 12 @ 10AM Rehearsal/Party at Allen Eiry Center

AEC ADOPTS A CHRISTMAS FAMILY

Our plan is to give a family in need a great Christmas!

Starting Thursday, November 21st, stop into the center, pick up a “cookie” listing the items the family needs.

Purchase the item, wrap it (or put it in a gift bag) and put the cookie on the present.

More information regarding the family as to the family member, clothing size, etc. will be on the cookie.

Please return your present to AEC **by Friday, Dec. 13, 2024.**

Thank you in advance for giving this family a Christmas to remember because of your kindness and generosity!

VOLUNTEERS NEEDED - PLEASE CALL THE CENTER IF YOU CAN HELP. 419-448-9774

1. December 18, 2024 beginning at 9:00AM to fold newsletters.
2. December 5, 2024 Christmas Music Program
3. December 13, 2024 Calvert Christmas Shop

AEC COMFORT QUILTS WEEKEND

These “comforters” are distributed to local children ages 0-18 in need of some special love.

Friday & Saturday

February 7 & 8, 2025

9:00AM—3:00PM

Open to the public—bring a friend!

No cost to attend.

Make quilts, crochet and knit afghani, fleece blankets, whatever you like to do!

At the Allen Eiry Center

28 Hopewell Ave, Tiffin, Oh

Call 419-448-9774 to sign up

What to bring: sewing machine and supplies

Lunch if you like, you are free to come and go.

This is a very fun activity for a good cause!



Always a fun time!

Friday, December 6, 2024 @

1:00PM at AEC.

**Provided by
TheWillows**



Friday, December 20, 2024 @ 1:00PM

**Provided by
Bridge Home
Health & Hospice
Held at AEC.**



Congratulations!!

Congratulations!!

2024 AEC SOUP COOK-OFF WINNERS

Linda Hetzel ~ Creamy Alfredo Lasagna

Becky Brown ~ Cheesy Broccoli Rigatoni

Audrey Heslet ~ Creamy Butternut Squash



Because of a very generous gift, we now have many new books from the following authors:

Karen Kingsbury

Debbie Macomber

Susan Mallery

Cheryl Woods

Diana Palmer

James Patterson

Luanne Rice

John Grisham



The Nora Roberts books that have been on the shelves since last summer have been replaced with new donations.

Our Christmas books are now on display on the table and lower shelves for your convenience.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT./SUN.
<p>2</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p>	<p>3</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p>	<p>4</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball Christmas Lunch Bunch Depart @ 11AM</p>	<p>5</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle Gathering of Friends 3PM-5PM</p>	<p>6</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong BINGO @ 1:00pm</p>	<p>7</p>  <p>8</p> <p>No Cornhole</p>
<p>9</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p>	<p>10</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p> 	<p>11</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>	<p>12</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle "T'was The Night Before...Cirque Du Soleil" Depart @ 2:15PM</p>	<p>13</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong Calvert Shop Last day to turn in Basket Raffle Tickets</p>	<p>14</p> <p>15</p> <p>No Cornhole</p>
<p>16</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga <i>Ways & Means @ 1:30PM</i></p>	<p>17</p> <p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday BOARD MEETING @ 3:00PM S.O.L.O. @ 7PM</p>	<p>18</p> <p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>	<p>19</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 NO Chorus 1:00 Pinochle</p> 	<p>20</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 10:00 Quilting 1:00 Board Games 1:00 Mahjong BINGO @ 1:00PM</p>	<p>21</p> <p>22</p> <p>No Cornhole</p>
<p>23</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p>	<p>24</p> 	<p>25</p> 	<p>26</p> <p>8:00 Drumming 9:00 Wood Carving 9:00 Stained Glass 9:00 Table Pool 10:00 No Chorus 1:00 Pinochle</p>	<p>27</p> <p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 10:00 Quilting 1:00 Board Games 1:00 Mahjong <i>FOLD NEWSLETTERS @ 9:00AM</i></p>	<p>28</p>  <p>29</p> <p>No Cornhole</p>
<p>30</p> <p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga 50/50 Drawing</p>	<p>31</p> 	<p>Christmas Basket Raffle Drawing Monday December 16 @ 1:00</p>			<p>419-448-9774 www.alleneiry.com Like us on</p> 



DECEMBER CELEBRATIONS



- 1 Jerry Faeth
Robert Bland
Norman Cook
- 2 Donna Wise
Janet Wagner
Linda Hoerig
Gwen Stallard
- 3 Jacquelyn Borgen
Robert Oleson
Virginia Fowler
Bob Boes
Andrew Reinhart
Vicki Hull
- 4 Robin Brownell
Theresa Carp
Carolyn Price
Barbara Ragle
Carol Heck
Mike & Carol Heck♥
- 5 Lois Bihn
Anna Wright
Marty Larson
- 6 Carol Miller
Norina Martin
Diane Harrison
Mike Yost
- 7 Don Petersen
Joan Brendle
Stephanie Stotzer
Donald & Pamela Waldock ♥
Chuck & Sharon Wilbert♥
- 8 Susan Shaffer
June Holcomb
Derek Devine
Carson & Brenda Weiker♥
- 9 Sandra Gernert
- 10 Janet Straub
Pat Gill

- 11 Karen Dotson
- 12 Jeannine Gaietto
Lois Franks
Denise Lawson
Mary Baltzell
Mary Schroth
Traci Cunningham
- 13 Jim Alberts
Jon Eakin
- 14 June Huss
Steve Miller
Susan Windau
Carol Distel
Kathy Runion
Constancia Russell
- 15 Duane & Sandra Mathias♥
- 16 Darlene Shore
Peg Shock
Mike Fisher
Chuck Wilbert
- 18 Daniel Roessner
Susan Murray
Jeanne Fodor
- 19 Suzanne Reinhart
Dena Reed
Mark Steinmetz
Linda Crum
Paula Huss
- 20 Lynn Noe
Carl Joseph
Jane Omlor
Barbara Snider
- 21 Tim Brickner
John Reino
- 22 John Conley
Bonnie Hull
James & Barb McEldowney♥
Jerry & Bonnie Hull♥
Ken & Janet Stahl♥

- 23 Penny Martin
Tom Faris
- 24 Diane Jacobs
Julie Haferd
Jerry Platt
Joni Faeth
Jerry Young & Susie Shaffer♥
- 25 Carol Iams
Wayne Kromer
Bill Armstrong
Tim Richards
Reggie Scifers
Kimberlee Ellis
- 26 Shirley Akers
Pat Demonte
- 27 Don May
Doug Holm
Mike & Lee Szablewski♥
James & Kathy Snyder♥
- 28 James Long
Dean Watson
Wayne & Jane Shepherd♥
- 29 Paul Huss
Julie Davies
Richard & Kristi Glanz♥
John & Christine Good♥
Gerald & Dolores Hartmann♥
- 30 Charlene Ditslear
Tony Steyer
Bill & Linda Armstrong♥
Greg & Connie Swartz♥
- 31 Rosalie Distel
Sherry Coffman
Janett Calland

AEC BALLROOM RENTAL AVAILABLE

The all-purpose room is available to rent all through the year. The room fits up to 134 people; tables & chairs are included. You can also rent a section of the room which would fit approximately 35-40 people. If you are interested, please call 419-448-9774, stop by, or email us at aestiffinohio@yahoo.com.

**Retiring?
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Account Executive

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POLARIS MALL

Columbus

“AFTER CHRISTMAS SHOPPING”

WHEN: Wednesday, January 15, 2025
DEPART: 8:30AM
RETURN: 6:30PM
COST: \$22.00 (Due at signup) (Meal Extra)

We always have fun – the thrill of the hunt! Finding the last great deals, we will go to Polaris and stop at a couple of extra stores along the way. Come join a fun group for the day!

MONTHLY 50/50 DRAWING

AEC is hosting a monthly 50/50 drawing with the winner being picked on the last day of the month that we are open. Each ticket is 25¢. These are sold at the front desk anytime we are open. For each quarter you spend, you will receive a ticket that you will write your name and phone # on and drop in the bucket. You can purchase as many tickets as you wish during the month. Each month will begin a new drawing. Congratulations to our **October Winner Michelle Martin!**



***Supporting Our
Loved Ones***

S.O.L.O.



Do you have a loved one living with dementia? No matter what stage they may be in, this support group exists to provide support for you. The group is lead by MaryLee Creeger, who is now retired after working several years at an adult care facility. Her knowledge is exceptional when it comes to dealing with dementia. This support group is open to all adults and will be held at the Allen Eiry Center the 3rd Tuesday of each month @ 7:00PM. We hope you join this great group of people and go home with a better feeling and knowledge concerning your loved one and yourself. Please call 419-448-9774 if you plan to attend.

TOLEDO MUD HENS

VS

THE COLUMBUS CLIPPERS

WHEN: Saturday, August 16, 2025
DEPART: 4:15PM
RETURN: after 7:05PM game & fireworks
COST: \$67.00 all inclusive

It’s not too early to mark your calendars for our yearly trip to see the Toledo Mud Hens in action. They will be playing the Columbus Clippers who are the Triple A affiliate of the Cleveland Guardians. Join us in this Cleveland vs Detroit matchup.

As always we will enjoy our all you care to eat buffet, fan gimmicks and this year they are telling me there will be fireworks.

This is always a sell out-join in the fun!

Family Trip: friends and family can join our group for the AEC member price.

TOLEDO WALLEYE

VS

THE FORT WAYNE KOMETS

WHEN: Friday, April 11, 2025
DEPART: 4:15PM
RETURN: after 7:15 game
COST: \$67.00 all inclusive

The Fort Wayne Komets continue to be a fan favorite in Indiana with the 2024-25 season. This is the 73rd straight year of the Komets in Fort Wayne being enjoyed.

We will enjoy a full, all you care to eat buffet and the puck will drop at 7:15PM. This is a beautiful venue and a fun night. Come join us at the Huntington Center.

Family Trip: friends and family can join our group for the AEC member price.

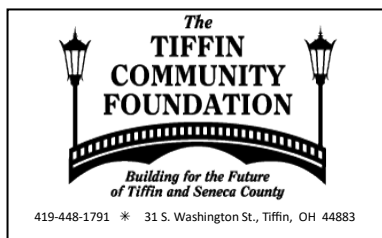


**Congratulations to Our
October 2024 Calendar Winners**

- 1- Pat Hively
- 2-Ruth Wahlstrom
- 3- Ed Molyet
- 4-Kathy Spaun
- 5-Jean Yost
- 6-Valerie Overbee
- 7-Dave Gottfried
- 8-Larry Lucius
- 9-Lloyd Sand
- 10-Kim Stultz
- 11-Kathy Spaun
- 12-James Streacker
- 13-Weston Reinbolt
- 14-Sue Iannantuno
- 15-Weston Reinbolt
- 16-Carole Rinehart
- 17-Betty Rush
- 18-LeAnna Gessinger
- 19-Kim Esnard
- 20-Jenny Graham
- 21-Aaron Smith
- 22- David Lather
- 23- Bob Tiell
- 24-Sally McDonald
- 25-Lunette Frase
- 26-Bill Theis
- 27-Michelle Helkey
- 28-Alan Kimmet
- 29-Mary Sauber
- 30-Richard Stevens
- 31-Jane McAdow



Thank you to all who sponsored our 2024 calendar, to the volunteers who helped ask for donations and sold tickets, and to those who purchased tickets to help support the Allen Eiry Center



419-448-1791 * 31 S. Washington St., Tiffin, OH 44883

TAI CHI at AEC

Beginner Class at 8:30AM

Join us each Friday at 9:00AM

Doctors are recommending Tai Chi for balance, stress relief, and fatigue. Tai Chi actually gives you energy, leaving you feeling refreshed when you finish! The slow, dance-like speed of Tai Chi creates balance, flexibility and calmness.

Basic Balance Program

If you are looking for the opportunity to improve your balance, this class may be just for you! Basic Balance class will offer the following:

1. Balance education
2. Ongoing, weekly exercises to strengthen the legs, core and overall body
3. Group accountability
4. Fun social interactions and relationships

Class will be held each Monday @ 10AM.

Cost per class \$1.00.

Participants must be able to stand, sit, and move around the room independently. There will be no one-on-one support offered.

This class is Open to the Public for anyone 50 years of age and older.

If in doubt, come try it out!

AEC FITNESS CENTER * * * *

Our Fitness Center is for AEC members only. To belong to the Allen Eiry Center you need to be 50 years or older. The cost of an AEC annual membership is \$35.00.

Call us today to schedule your orientation and get started in the Fitness Center! Once you have your orientation, you will be able to use the fitness center on your own for two weeks at no cost during open hours. After the two week trial period, if you continue to use the fitness center, the annual cost is \$120 with different options to pay.

Equipment includes:

- * 2 Treadmills
- * Universal multi-gym (strength & conditioning)
- * Dumbbells
- * 1 Elliptical
- * Weight Sticks
- * 1 Recumbent Bike
- * 2 NuSteps
- * Schwinn Airdyne





ALLEN EIRY CENTER UPCOMING SINGLE DAY TRIPS



Dec. 4, 2024	Wed.	Christmas Lunch Bunch	11:00AM
Dec. 12, 2024	Thurs.	“Twas’ The Night Before...Cirque Du Soleil”	2:15PM
Jan. 8, 2025	Wed.	“Life of Pi” - Cleveland	2:15PM
Jan. 15, 2025	Wed.	Polaris Shopping—Columbus	8:30AM
Feb. 4, 2025	Tues.	Valentine Lunch Bunch	11:00AM
March 12, 2025	Wed.	McCarthy’s—Port Clinton	3:45PM
April 10, 2025	Thurs.	Peter Pan—Cleveland—Matinee	9:30AM
April 11, 2025	Fri.	Toledo Walley	4:15PM
Aug. 16, 2025	Sat.	Toledo Mud Hens	4:15PM

UPCOMING MULTI-DAY TRIPS

- December 8-10, 2024CHRISTMAS EXTRAVAGANZA, PITTSBURGH
- March 2-4, 2025.....SOARING EAGLE CASINO
- August 20-22, 2025HISTORIC AMERICA
- December 9-11, 2025.....AMISH COUNTRY CHRISTMAS IN INDIANA



ATTENTION CRAFTERS...
 Help is needed to create crafts all year round to sell
 at our annual fundraiser at Calvert Elementary
 School in December.
 We invite you to join us each Monday, 9:00-11:00.



Travel Registration Guidelines: NEW SINGLE-DAY TRIP REGISTRATION BEGINS MON., DECEMBER 9, 2024.

1. Each member will be able to sign up a total of two members for each trip.
2. New trip registration dates are announced in the description of the trip.
3. On the first day of registration for single-day trips, there will only be “in person” registration from 8:30—10:00AM. We will begin taking phone registrations at 10:00AM.
4. Reminder that any trip registrations over the phone must be paid within 10 days.
5. Non-members cannot sign up for trips until Thursday of registration week.
6. You can register for multi-day trips at any time.

Evening Diners



McCarthy's Restaurant and Pub

WHEN: Weds., March 12, 2025

DEPART: 3:45PM

RETURN: after dinner

COST: \$11.00 (meal extra)

New Trip Registration begins Monday, Dec. 9, 2024 @8:30AM

We have to celebrate the month of St. Patrick's Day! Join a great group to travel to Port Clinton for a neighborhood hangout for pints and classic pub grub, including Irish stew and Shepherd's Pie. Of course there are Reubens, poutine, pulled pork and loaded spuds Soup, salads and Blarney burgers. Also dessert and Happy Hour!

Come Join Us!!

"LIFE OF PI"

Cleveland Playhouse Square

WHEN: Wednesday, January 8, 2025

DEPART: 2:15PM

RETURN: After 7:30PM Show

COST: \$99.00 (Due at signup) (Meal Extra)

Winner of three Tony Awards, the Broadway sensation "Life of Pi" is an exhilarating evening of theater and it's coming to Cleveland!

After a shipwreck in the middle of the Pacific Ocean, a sixteen year old boy named Pi survives on a lifeboat with four companions— A Hyena, A Zebra, an Orangutan and a Royal Bengal Tiger. Told with jaw-dropping visuals, world class property and exquisite stage craft, "Life of Pi" is a mesmerizing novel that blends adventure, spirituality and the power of storytelling. The puppets are impressive to look at as they come to life. The interior is a skeleton made from wood and aluminum, with joints made out of bungee cords to allow movement, and trigger mechanisms to manipulate ears or mouths. They are so real!

We will eat in Cleveland before the show.



Peter Pan



Cleveland Playhouse Square

Connor Palace Theatre

Broadway in Cleveland

Matinee

WHEN: Thursday, April 10, 2025

DEPART: 9:30AM

RETURN: 7:30PM

COST: \$104.00 (meal extra)

New Trip Registration begins Monday, Dec. 9, 2024 @8:30AM

Escape to Neverland in this magical new interpretation of the classic tale that is brimming with spectacular flying, gorgeous choreography, swash buckling sword fights, giant puppets and of course a little Pixie/dust!

Peter Pan embraces the child in us all! But it is not just of kids. Adults will love the music, costumes, scenery and spending an afternoon of carefree thoughts, enjoying an old favorite

For travelers wanting a matinee-this is for you. We will eat at a restaurant in the suburbs after the show.

Come Join Us!!



MERRY
Christmas
HAPPY
NEW YEAR
2025

From: Nicole

Sara Brenda

Joy



YOGA CLASSES at AEC

All Yoga classes are lead by Instructor, Suzanne Reinhart

CHAIR YOGA: For AEC Members Only

Mondays @ 9:00AM
Wednesdays @ 10:00AM

FLOOR/MAT YOGA

Bring your own mat—no experience necessary.
Mondays @ 4:30PM
Wednesdays @ 8:00AM

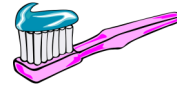
All classes are by donation and are given to AEC for the use of the facility.



We are collecting donations for

Tiffin Rotary and Kiwanis Clubs and Noble K-Kids Head to Toes....

New Socks, underwear and hair bows! All items will be used in all schools, including Bridges, Calvert, NCA, The Opportunity Center, Tiffin City & TDC.



Seneca County Community Council

A Helping Hand for Local Kids in Need.

Hygiene Items Needed: shampoo & conditioner, body wash & soap, toothpaste & toothbrushes, feminine products, deodorant, shaving cream, ChapStick, hand lotion, body cleansing wipes, socks & underwear, hair brushes & hair ties.

This donation is for children throughout Seneca County who need items that remove obstacles and allow learning.

Attention Travelers:

This newsletter includes three new multi-day trips. Please look them over and join in the fun! These trips are open, sign up soon to secure your spot.

Mike Bondy and I have already spent hours planning two never-before trips for your enjoyment. One will be the Hidden Gems of Iowa around the first week in April 2025 and our fall trip will be a Grand Michigan tour in early September 2025. These two trips will be in our January newsletter.

Thank you for all your support.

Sara Wax, Travel Coordinator

REMINDER:

IT'S TIME TO RENEW YOUR ALLEN EIRY CENTER MEMBERSHIP FOR 2025!

The cost for our annual membership is \$35.00. Gift Cards are also available for membership, activities and travel. Share this with your family—this would make a great Christmas present for mom and dad, grandpa & grandma!

MONDAY MORNING CRAFTS

Each Monday at 9:00AM we invite you to come join us to work on crafts. We work all year to make attractive items for Calvert Elementary students to purchase as Christmas items for their family and friends. We invite you each Monday to share ideas for crafts which can be made by the group and the students would enjoy purchasing for their families. Help is needed to create these items.

You are always welcome to join us!



FUNDAY TUESDAYS

Join us Tuesdays @ 1:00PM

Play games of all types! Invite friends to come and enjoy the afternoon. Feel free to bring games from home to share. Any card games, board games, you name it and we will play it! You can enjoy the games between 1:00—3:30PM each Tuesday.

Please keep in mind that we would like to open all games for everyone to enjoy. Games such as Canasta, Socki, Euchre, Uno, Bridge, Pinochle, Pegs & Jokers, Dominoes, board games, etc. are all good options.

Non-members can join us as a guest a single time; when they enjoy the afternoon, we're sure they will want to join AEC and come back each week for more fun!



Help AEC by joining Kroger Community Rewards

This program makes fundraising easy by donating to local organizations based on the shopping you do every day. Once you link your Card to an organization, all you have to do is shop at Kroger and swipe your Shopper's Card. Here's how it works:

1. **Create a digital account.**
A digital account is needed to participate in Kroger Community Rewards. If you already have a digital account, simply link your Shopper's Card to your account so that all transactions apply toward the organization you choose.
2. **Link your Card to an organization.**
-Sign into your digital account.
-Search for your organization [HERE](#).
-Enter the name or NPO number of the organization you wish to support.
-Select the appropriate organization from the list and click "SAVE". Your selected organization will also display in the Kroger Community Rewards section of your account. If you need to review or revisit your organization, you can always do so under your Account details.
3. **Your Organization Earns.**
Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to the program, at no added cost to you.

If you have any questions, please contact our local Kroger's Customer Service Center.



CARDIO DRUMMING 50+ CLASSES

Tuesdays & Thursdays @ 8:00AM

Cost per class: \$1.00

This class can be done by standing or sitting and by people of different physical abilities. It's fun, keeps you active and lots of benefits will be gained! This class is lead by Brandie Gruss, Life Coach. You need to be a current member of AEC to participate. You can start at any time. Bring your own exercise ball and wear comfortable clothes and tennis shoes.

NOTE: This class is for men and women alike! Come join the fun!



A VERY SPECIAL THANK YOU TO ALL OF OUR SUPPORTERS THAT HELP US WITH ALL OUR EVENTS YEAR ROUND. IT'S BECAUSE OF YOU THAT AEC IS SUCCESSFUL IN HELPING OTHERS!!



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YOGA CLASSES at AEC

All Yoga classes are lead by Instructor, Suzanne Reinhart

CHAIR YOGA: For AEC Members Only

Mondays @ 9:00AM
Wednesdays @ 10:00AM

FLOOR/MAT YOGA

Bring your own mat—no experience necessary.
Mondays @ 4:30PM
Wednesdays @ 8:00AM

All classes are by donation and are given to AEC for the use of the facility.