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- Assisted Living
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Office Hours By Appointment

JOLENA M. SCHUBACH-MILLER, D.C.

450 E. Market St., Suite B
Tiffin, OH 44883

Phone: (419) 447-0102

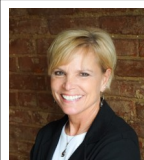


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419-618-4997

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Century 21
Bolte Real Estate
23 S. Washington St.,
Tiffin, OH 44883
franandersons13@gmail.com




THE GOLDEN NEWS

WELCOME NEW & RETURNING MEMBERS

Douglas Holm	Mary Holm
Linda Hoover	Dawn Vorhees
Mary Patricia Hayes	Michael Fisher
Jeanie Fisher	Richard Greene
Diane Greene	Sue Bennett
Jane Link	Daniel Hoerig
Donna Fredrick	Pat Clayden
Karen Dinniger	Jennifer Bowen
Kathy Stahl Groves	Tammy Riser
Mary C. Williams	Theresa Keefe

MEMORIALS

In memory of **LYNDA DETTERMAN**
 Given by Jeff Benroth
 Given by Mr. & Mrs. Dwight Detterman
 Given by Mr. & Mrs. Dave Harris
 Given by Wade & Donna Burger

In memory of **ROBERT PUTNAM**
 Given by Julie Haferd
 Given by William & Nerita Streaker

In memory of **JACK MYERS**
 Given by Marilyn Mangano

In memory of **BETTY GOSHE**
 Given by Mike & Janet Snyder

OCTOBER CALENDAR SALES

AEC depends on fundraisers to keep fun, interesting activities available for seniors in our community. We appreciate your help in selling the October Calendars to friends and family, even those living outside of Seneca County. Every day throughout October we announce the daily winner on facebook, our website www.alleneiry.com, and signage at the Center. Be watching—your name might be announced!!

SINGLE DAY "NEW" TRIP REGISTRATION
Monday, September 9, 2024.
 Doors open at 8:30AM.
 No phone reservations until 10AM.

Be apart of our journey. Your contribution creates opportunity.



Allen Eiry Center

Activities, Events, Travel, and More

PHONE: (419) 448-9774
MONDAY—FRIDAY 8:30AM-4:00PM

28 HOPEWELL AVE., TIFFIN, OHIO
www.alleneiry.com

SEPTEMBER 2024
Volume 145

Allen Eiry Center

Picnic Time!



Wednesday, September 4, 2024

Beginning at 4:30PM

Be sure to bring your food ticket , a lawn chair (if you have one)
and your adult beverage if you would prefer (water will be provided).

*Entertainment by "Off Our Rockers Chorus" and The Rotary Band
Come enjoy an evening of fun!*

Did you know that you can sign up for a
MULTI-DAY TRIP at any time?

You don't need to wait for
a special date to register for any
multi-day trip with AEC.

ATTENTION CRAFTERS...

Help is needed to create crafts all year round to
sell at our annual fundraiser at Calvert Elementary
School in December.

We invite you to join us each Monday, 9:00-11:00.

PUZZLE EXCHANGE:

**BRING A PUZZLE IN AND TAKE A PUZZLE HOME.
FOR MEMBERS AT NO CHARGE ANYTIME THE
CENTER IS OPEN.**

Basic Balance Program

If you are looking for the opportunity to im-
prove your balance, this class may be just for
you! Basic Balance class will offer the following:

1. Balance education
2. Ongoing, weekly exercises to strengthen the legs, core and overall body
3. Group accountability
4. Fun social interactions and relationships

Class will be held each Monday @ 10AM.

Cost per class \$1.00.

Participants must be able to stand, sit, and
move around the room independently. There
will be no one-on-one support offered.

This class is Open to the Public for anyone 50
years of age and older.

If in doubt, come try it out!

VOLUNTEERS NEEDED - PLEASE CALL THE CENTER IF YOU CAN HELP 419-448-9774

Anytime you see something you would like to help with, be sure to call the Center. Here is a list of upcoming events that we need volunteers for.

1. September 20, 2024 beginning at 9:00AM to fold newsletters.
2. Help sell October Calendar tickets at Molyet's.
3. Help set up tables for our picnic.

CORNHOLE FUN AT AEC!!!

SUNDAYS @ 2:00PM

It's fun, easy on the body, and played inside so we don't have to worry about bad weather. You need to be an AEC member to play. Please enter at the Market Street door. Remember if you can't make it every Sunday—that's okay, join us when your schedule allows.



- ➔ See beautiful, interesting sights!
- ➔ Enjoy friendships!
- ➔ Treated with special care!

TAI CHI at AEC

Beginner Class at 8:30AM

Join us each Friday at 9:00AM

Doctors are recommending Tai Chi for balance, stress relief, and fatigue. Tai Chi actually gives you energy, leaving you feeling refreshed when you finish! The slow, dance-like speed of Tai Chi creates balance, flexibility and calmness.

SCAM ALERT

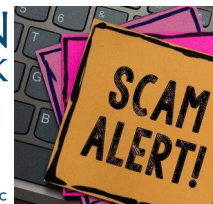
Tuesday, October 1, 2024 @ 10:00AM

Join us to learn about how to 'Protect Yourself From Scams'. Learn the profile of a scammer, common warning signs, and types of scams. Learn how to build your scam defense and how your bank can help!

CROGHAN COLONIAL BANK



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"LIFE OF PI"

Cleveland Playhouse Square

WHEN: Wednesday, January 8, 2025

DEPART: 2:15PM

RETURN: After 7:30PM Show

COST: \$99.00 (Due at signup) (Meal Extra)

Winner of three Tony Awards, the Broadway sensation "Life of Pi" is an exhilarating evening of theater and it's coming to Cleveland!

After a shipwreck in the middle of the Pacific Ocean, a sixteen year old boy named Pi survives on a lifeboat with four companions— A Hyena, A Zebra, an Orangutan and a Royal Bengal Tiger. Told with jaw-dropping visuals, world class property and exquisite stage craft, "Life of Pi" is a mesmerizing novel that blends adventure, spirituality and the power of storytelling. The puppets are impressive to look at as they come to life. The interior is a skeleton made from wood and aluminum, with joints made out of bungee cords to allow movement, and trigger mechanisms to manipulate ears or mouths. They are so real!

We will eat in Cleveland before the show.



Always a fun time!

Friday, September 6 @ 1:00PM at AEC.

Provide by TheWillows



Fri., September 20, 2024 @ 1:00PM



Provided by Bridge Home Health & Hospice Held at AEC.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT./SUN.
<p>Center Closed</p>  <p>HAPPY LABOR DAY</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday</p>	<p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p> <p>AEC PICNIC @ 4:30PM</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle</p> <p>TRIP: TOLEDO FIRE MUSEUM Depart @ 8:30AM</p>	<p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong</p> <p>BINGO @ 1:00pm</p>	<p>AEC GOLF SCRAMBLE 8:30AM Start</p> <p>CORNHOLE 2:00PM</p>
<p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p> <p>NEW TRIP REGISTRATION</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 1:00 Crochet</p>	<p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle</p>	<p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong</p> <p>TRIP: Marion Depart @ 8:30AM</p>	<p>CORNHOLE 2:00PM</p>
<p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 1:00 Crochet</p> <p>Board Meeting 3:00PM</p>	<p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p> <p>TRIP: Lunch Bunch Depart @ 11:00AM</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle</p>	<p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 9:00 Quilting 1:00 Board Games 1:00 Mahjong</p> <p>BINGO @ 1:00PM</p> <p><i>FOLD NEWSLETTERS @ 9:00AM</i></p>	<p>CORNHOLE 2:00PM</p>
<p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Dominos 1:00 Funday Tuesday 1:00 Crochet</p> <p>PRESENTATION "Valley of the Kings" @ 10:30AM</p>	<p>8:00 Floor Yoga 9:00 Stained Glass 9:00 Table Pool 10:00 Chair Yoga 11:45 Parkinson's 1:00 Needle Art 2:00 Chair Volleyball</p>	<p>8:00 Drumming 9:00 Stained Glass 9:00 Table Pool 10:00 Chorus 1:00 Pinochle</p>	<p>8:30 Beginner Tai Chi 9:00 Tai Chi 9:00 Stained Glass 9:00 Table Pool 10:00 Quilting 1:00 Board Games 1:00 Mahjong</p>	<p>CORNHOLE 2:00PM</p>
<p>9:00 Chair Yoga 9:00 Stained Glass 9:00 Table Pool 9:00 Crafts 10:00 Basic Balance 11:45 Parkinson's 1:00 Euchre 1:00 Canasta 1:00 Bridge 4:30 Floor Yoga</p>				 <p>419-448-9774 www.alleneiry.com Like us on</p> 	



SEPTEMBER CELEBRATIONS



- | | | |
|--|---|---|
| 1 Kathleen Krupp
Ron Mellott
Nancy Coffman
Kris Klopfenstein
Kris & Susan Klopfenstein ♥
Dennis & Marcia Hohman ♥ | 11 Joan Ledwedge
Ron & Joan Ledwedge ♥ | 20 Janet Snyder
Nancy Nichols
Sandy Hayward
Marie Shuey
Mike & Kathy Runion ♥ |
| 2 Louise Kerschner
Jean Bowman
Dwight & Sandra Detterman ♥
Joe & Cookie Kastner ♥
Larry & Linda Earl ♥ | 12 Herbert Crum
Jane Elchert
Joyce Freeze
Robert Shreiner
Paul Reinhart
Don Graham
Janet Shutt
Donna Reiter
Lisa Sholl
Mark & Judy Mack ♥
Stephen & Linda Mapus ♥ | 21 Wynn Schubach
Kathy Spaun
Phyllis Watts
Steve & Deb Phillips ♥
Butch & Pat Bish ♥ |
| 3 Pat A. Smith
Martha Cobb
William & Diane Hammer ♥ | 13 Pat Homan
Steve Shutt
Fran Andersons | 22 Wayne Shepherd
Brenda Schwab
Linda Earl
Paul Gase
Lisa Lucius
John & Berneice Willman ♥ |
| 4 Fred Outcalt
Ora Preston
Jimmie Young
John & Jeanette Lynch ♥ | 14 Judy Henderson
Yvonne Schock
Tom & Anna Berry ♥ | 24 Mary Ann Welly
Karen White |
| 5 Char Pope | 15 Jean Mertes
Bonita Shawberry | 25 Allen Shutt
Cindy Drum
Mike & Kathy Yost ♥ |
| 6 Marge Kirian
Cindy Lupton
Mike Fisher
Dale & Frazene Thornton ♥ | 16 Wade Burger
Janet Meyer
Barbara Joseph
Charlie & Shirley Marx ♥ | 26 Sandy Maistros
Mike Roessner
Deb Seitz
Vicki Helgeson
Brenda Weslow |
| 7 Sandy Mellott
Linda Schubach
Ron & Marcia Burlile ♥ | 17 Joan Stoner
Pamela Roush
Ray Racette
Michael Herdlick | 27 Arlene Feasel
Karen Runion
Jean Chaffee
Carol Jenot |
| 8 Joyce Breidenbach
Deb Racette
Gerald & Tammy Schalk ♥
Dick & Mary Ann Gabel ♥ | 18 Jane Shepherd
Ginnie Robinson
Gretta Rumschlag
Patricia Bish | 28 Nancy Bentz
Eileen Kleinfelter |
| 9 Linda Eakin
Darryl Laughlin
Carol Sklar
Linda Phares
Beth Schweitzer
Jeff & Lori Thompson ♥ | 19 Larry Baker
Janet Gase
Marleen Graham | 29 Cathy Brandt
Janet Wise
Ruth Reinhart
Terry Nibblett
Mike & Jeanie Fisher ♥ |
| 11 Sue Hepp
Barbara Simmons | 20 Janet Harer | 30 Kathy Gillmor |

AEC BALLROOM RENTAL AVAILABLE

The all-purpose room is available to rent all through the year. The room fits up to 134 people, tables & chairs are included. You can also rent a section of the room which would fit approximately 35-40 people. If you are interested, please call 419-448-9774, stop by, or email us at aestiffinohio@yahoo.com.

**Retiring?
Turning 65?**



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Account Executive
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POLARIS MALL

Columbus



“AFTER CHRISTMAS SHOPPING”

WHEN: Wednesday, January 15, 2025
DEPART: 8:30AM
RETURN: 6:30PM
COST: \$22.00 (Due at signup) (Meal Extra)
 NEW TRIP REGISTRATION BEGINS MON., SEPT. 9 @ 8:30AM

We always have fun – the thrill of the hunt! Finding the last great deals, we will go to Polaris and stop at a couple of extra stores along the way. Come join a fun group for the day!



VOLUNTEER HELP NEEDED FOR “PROJECT LINUS” & QUILTING WEEKEND

Project Linus provides handmade blankets to children 0-18 in the United States who are seriously ill, traumatized, or otherwise in need.

JOIN US FRIDAY, OCTOBER 11, 10:00-3:00PM AND SATURDAY, OCTOBER 12, 9:00-3:00PM

HELP US PUT BLANKETS TOGETHER.

OPEN TO THE PUBLIC.

IF YOU HAVE A SEWING MACHINE, FEEL FREE TO BRING IT.

COST: \$15 (Due at sign up)

THANK YOU!

IT’S GAME TIME AT AEC!!

Join us and have fun!

COMPETITIVE EUCHRE MONDAYS @ 1:00PM

CANASTA MONDAYS @ 1:00PM

BRIDGE MONDAYS @ 1:00PM

MEXICAN TRAIN DOMINOS TUESDAYS @ 10:00AM

TUESDAY FUN DAYS TUESDAYS @ 1:00PM

CHAIR VOLLEYBALL WEDNESDAYS @ 2:00PM

COMPETITIVE PINOCHLE THURSDAYS @ 1:00PM

MAHJONG and BOARD GAMES FRIDAYS @ 1:00PM

CORNHOLE SUNDAYS @ 2:00PM

If you feel a little shy to try something new...we will help you feel right at home! Call or stop by for more details.

MONTHLY 50/50 DRAWING

AEC is hosting a monthly 50/50 drawing with the winner being picked on the last day of the month that we are open. Each ticket is 25¢. These are sold at the front desk anytime we are open. For each quarter you spend, you will receive a ticket that you will write your name and phone # on and drop in the bucket. You can purchase as many tickets as you wish during the month. Each month will begin a new drawing. Congratulations to our **July Winner-ELAINE GERHARDSTEIN!**

OHIOHEALTH

DELAY THE DISEASE™

THE #1 PARKINSON'S EXERCISE PROGRAM

Allen Eiry Center offers the “Delay the Disease” Parkinson’s program each Monday & Wednesday @ 11:45AM.

Delay the Disease is a community based fitness program designed to empower people with Parkinson’s disease by optimizing their physical function. The fitness class is lead by Mercy’s physical therapists and is especially designed to help those with Parkinson’s gain a better quality of life through strength, balance, gait and cognitive training. For more information call Mercy’s P.T. Dept. at 419-455-8600.

COST: \$5 for an 11 week session.

You need to be a member of AEC—\$35/year.

AEC FITNESS CENTER * ***

Our Fitness Center is for AEC members only. To belong to the Allen Eiry Center you need to be 50 years or older. The cost of an AEC annual membership is \$35.00.

Call us today to schedule your orientation and get started in the Fitness Center! Once you have your orientation, you will be able to use the fitness center on your own for two weeks at no cost during open hours. After the two week trial period, if you continue to use the fitness center, the annual cost is \$120 with different options to pay.

Equipment includes:

- * **2 NEW TREADMILLS** are HERE!!!
- * Universal multi-gym (strength & conditioning)
- * Dumbbells
- * 1 Elliptical
- * Weight Sticks
- * 1 Recumbent Bike
- * 2 NuSteps
- * Schwinn Airdyne



CHRISTMAS EXTRAVAGANZA

PITTSBURGH!

Featuring The Nutcracker & The Pittsburgh Ballet Theatre Orchestra

DECEMBER 8—10, 2024

TOUR INCLUDES:

- * Modern Motorcoach Transportation
- * 2 Nights Pittsburgh—Doubletree Hotel
- * 2 Breakfasts—2 Dinners
- * Pittsburgh Creche
- * St. Anthony’s Chapel
- * The Nutcracker Ballet with the Pittsburgh Ballet Theatre Orchestra
- * Sightseeing Tour of Pittsburgh
- * Phipps Conservatory Winter Flower Show & Light Garden
- * Dinner Detective Murder Mystery Dinner Show
- * Guided Tour & Very Merry Christmas Exhibit @ Heinz History Center
- * Pittsburgh Christmas Market
- * Luggage Handling
- * Tax & Tips on Included Meals
- * Tips for Step-on Guides and Coach Driver

COST PER PERSON:

\$999—Double

\$1,249— Single

\$849— Triple

Deposit: \$200 due at registration

Balance Due: Oct. 8, 2024

Cancellation Protection Available

\$80/person due with deposit

YOGA CLASSES at AEC

All Yoga classes are lead by Instructor, Suzanne Reinhart

CHAIR YOGA: For AEC Members Only

Mondays @ 9:00AM

Wednesdays @ 10:00AM

FLOOR/MAT YOGA

Bring your own mat—no experience necessary.

Mondays @ 4:30PM

Wednesdays @ 8:00AM

All classes are by donation and are given to AEC for the use of the facility.



“SOME LIKE IT HOT”

Cleveland Playhouse Square

WHEN: Wednesday, November 6, 2024

DEPART: 2:15PM

RETURN: After 7:30PM Show

COST: \$99 (Due at sign up) (Meal extra)

We will eat in Cleveland before the show.

Winner of 4 Tony Awards®, including Best Choreography and Best Costumes, and the Grammy Award® for Best Musical Theater Album, “Some Like It Hot” is “A Super-Sized, all-out song-and-dance Spectacular!”

Set in Chicago when Prohibition has everyone thirsty for a little excitement, “Some Like It Hot” is the “glorious, big, high-kicking” story of two musicians forced to flee the Windy City after witnessing a mob hit. With gangsters hot on their heels, they catch a cross-country train for the life-chasing, life-changing trip of a lifetime. With its irresistible combination of heart and laughs, song and dance, “Some Like It Hot” won more theater awards than any show this season, and was named best Musical by the Drama Desk. No wonder Deadline calls it “a tap-dancing, razzle-dazzling embrace of everything you love about musical theater!”

HEALTHY AGING HIGHLIGHTS FROM NATIONAL INSTITUTE ON AGING

You might remember getting vaccines as a child. But did you know older adults also need vaccines to help prevent certain illnesses? Talk with a doctor or pharmacist about which vaccines are recommended for you. Vaccines can help protect you, and others, from:

- **Flu:** a virus that can cause fever, chills, sore throat, stuffy nose, headache, and muscle aches.
- **Shingles:** an infection that affects the nerves and can cause pain, tingling, itching, a rash, and blisters.
- **Whooping cough:** an illness that causes uncontrollable coughing fits, which can make it hard to breathe.
- **Pneumococcal disease:** an infection that spreads from person to person by air and often causes pneumonia.
- **COVID-19:** a respiratory disease that can cause fever, cough, shortness of breath, and other serious health problems.



ALLEN EIRY CENTER UPCOMING SINGLE DAY TRIPS

Aug. 27, 2024	Wed.	Lake Erie Sunset Cruise	5:00PM
Sept. 5, 2024	Thurs.	Toledo Firefighter Museum/Old Bag of Nails	8:30AM
Sept. 13, 2024	Fri.	Day at Marion, Ohio	8:30AM
Sept. 18, 2024	Wed.	Fall Lunch Bunch	11:00AM
Oct. 9, 2024	Wed.	Rock & Roll Hall of Fame	8:15AM
Oct. 14, 2024	Mon.	Speedtrap Diner —Woodville	10:00AM
Oct. 16, 2024	Wed.	“A Beautiful Noise” - Cleveland	2:15PM
Oct. 25, 2024	Fri.	Chateau Winery - VINO Bingo	10:30AM
Nov. 6, 2024	Wed.	“Some Like It Hot” - Cleveland	2:15PM
Nov. 22, 2024	Fri.	Christmas Connection—IX Center Cleveland	8:00AM
Dec. 4, 2024	Wed.	Christmas Lunch Bunch	11:00AM
Dec. 12, 2024	Thurs.	“Twas the Night Before...Cirque Du Soleil”	2:15PM
Jan. 8, 2025	Wed.	“Life of Pi” - Cleveland	2:15PM
Jan. 15, 2025	Wed.	Polaris Shopping—Columbus	8:30PM

UPCOMING MULTI-DAY TRIPS

- October 1—6, 2024 HALLOWEEN IN THE HUDSON RIVER VALLEY
& CASTLES OF NEW YORK
- November 10—19, 2024 LOUISIANA / NO MAN’S LAND
LIFE OF LUXURY
- December 8-10, 2024 CHRISTMAS EXTRAVAGANZA,
PITTSBURGH

**YOU ARE INVITED TO THE ALLEN EIRY CENTER 2024 ANNUAL MEETING
TUESDAY, OCTOBER 15 @ 3:00PM.**

Travel Registration Guidelines: NEW SINGLE-DAY TRIP REGISTRATION BEGINS MON., SEPTEMBER 9, 2024.

1. Each member will be able to sign up a total of two members for each trip.
2. New trip registration dates are announced in the description of the trip.
3. On the first day of registration for single-day trips, there will only be “in person” registration from 8:30—10:00AM. We will begin taking phone registrations at 10:00AM.
4. Reminder that any trip registrations over the phone must be paid within 10 days.
5. Non-members cannot sign up for trips until Thursday of registration week.
6. You can register for multi-day trips at any time.

CHRISTMAS CONNECTION 2024

IX Center—Cleveland

WHEN: Friday, November 22, 2024
DEPART: 8:00AM
RETURN: 7:00PM
COST: \$32 (due at signup) (Meal extra)

It's one stop shopping, entertainment, food and fun! Shop more than 500 booths for unique Christmas gifts for everyone on your list, from holiday décor and apparel to toys, treats and more. The Christmas Connection is a festive marketplace where you can shop for holiday gifts, see works from local artisans, experience holiday displays that will inspire your own decorations, and much more!

Whether you're joining us at the IX Center with a long shopping list or just looking for a fun day out with family and friends, there's something for everyone at the show with hundreds of vendors to explore and unique features to enjoy. Your shopping experience will include quality products and services, tasty treats, festive fun for everyone, entertainment and a chance to save money. Places to sit and enjoy! This is a fun day full of excitement!
 Come join us!

2024 OCTOBER CALENDAR FUNDRAISER

The October Calendar is our largest fundraiser of the year! Businesses and individuals donate money to help make it a success. In the past years, we have raised between \$11,000—\$21,000! These funds help us remain a viable organization for seniors to stay active, social, and healthy. Our organization is very important to our community that has over 45% of the population being 50 years and older.

We mailed 3 calendars to each of our members in July. We ask that you please purchase a calendar at the cost of \$25 (3 tickets) and share the other calendars with friends, family and neighbors.

During the month of October we will be drawing a winner each day and that person will win the dollar amount listed on the calendar for that day.

We also need volunteers to help sell the calendars at ACE Hardware and Molyet's. Please call 419-448-9774 if you can help. Thank you!



A VERY SPECIAL THANK YOU TO ALL OF OUR SUPPORTERS THAT HELP US WITH ALL OUR EVENTS YEAR ROUND. IT'S BECAUSE OF YOU THAT AEC IS SUCCESSFUL IN HELPING OTHERS!!

LEAVING A LEGACY FOR AEC

Legacy gifts are planned gifts that designate part of an individual's estate as a donation to a nonprofit organization. Often times, these gifts are the most significant ones we can make. Legacy giving does not require a large gift, it only requires a thoughtful choice to include the Allen Eiry Center, Inc. in your financial planning.

Legacy gifts have been fundamental in the growth of the Allen Eiry Center since it opened its doors in 1971. If you share our vision, or if you or a loved one has enjoyed services at the Allen Eiry Center, consider how a planned gift could benefit you and our organization.

Please share with your family how important the Allen Eiry Center is to you in your life!

Thank you for being a part of this wonderful organization!

CARDIO DRUMMING 50+ CLASSES

Tuesdays & Thursdays @ 8:00AM

Cost per class: \$1.00

This class can be done by standing or sitting and by people of different physical abilities. It's fun, keeps you active and lots of benefits will be gained! This class is lead by Brandie Gruss, Life Coach. You need to be a current member of AEC to participate. You can start at any time. Bring your own exercise ball and wear comfortable clothes and tennis shoes.



NOTE: This class is for men and women alike! Come join the fun!

Local, Professional Agent

MEDICARE CAN DRIVE YOU BANANAS



Schedule a Medicare review to evaluate all your options. My advice is Free and I represent multiple carriers.



WWW.FRISCHEINSURANCE.COM

LOUISIANA RIVER PARISHES & "NO MAN'S LAND"

10 DAY MULTI-DAY TRIP

NOVEMBER 10—19, 2024

Louisiana's River Parishes, located along the Mississippi River, are filled with history, lore, and beautiful scenery. Enjoy Cajun food, a swamp tour, and authentic culture and charm. You will also visit parishes once part of "No Man's Land," a neutral area once home to outlaws, bandits and pioneers. The settlers there were larger than life, and so are the stories!

TOUR INCLUDES:

- Guided Nottoway Plantation Tour
- Destrehan Plantation Tour
- Cajun Cooking Demo w/lunch
- Cajun Pride Swamp Tour
- Lake Charles King Cake Demo
- Crying Eagle Brewery Tour & Tasting
- "No Man's Land" Touring
- 9 Nights First Class Lodging
- 9 Hotel Breakfasts
- 3 Lunches
- 3 Dinners
- All Motorcoach Transportation
- Driver's Gratuity

COST PER PERSON:

\$2,999—Double	\$250 deposit due at registration
\$3,999—Single	Final Payment due Sept. 19, 2024
\$2,799—Triple	
\$2,699—Quad	Cancellation Protection available

Sign up Soon!!

MONDAY MORNING CRAFTS

Each Monday at 9:00AM we invite you to come join us to work on crafts. We work all year to make attractive items for Calvert Elementary students to purchase as Christmas items for their family and friends. We invite you each Monday to share ideas for crafts which can be made by the group and the students would enjoy purchasing for their families. Help is needed to create these items.

You are always welcome to join us!



MIKE GILBERT PRESENTS

"VALLEY OF THE KINGS"

Tuesday, September 24 @ 10:30AM

Situated in the ancient city of Thebes, The Valley of the Kings is the ancient burial site of nearly all the kings during the 18th, 19th, and 20th century Egyptian dynasties. Pharaohs like King Tut, will help explain the burial practices of the ancient civilization.

Several versions of ghost stories include:

Urban legends from all 50 states, local state and national hauntings, and international hauntings.

This presentation is open to the public.

Please call 419-448-9774 to reserve your seat.



URBAN LEGENDS



FUNDAY TUESDAYS

Join us Tuesdays @ 1:00PM

Play games of all types! Invite friends to come and enjoy the afternoon. Feel free to bring games from home to share. Any card games, board games, you name it and we will play it! You can enjoy the games between 1:00—3:30PM each Tuesday.

Please keep in mind that we would like to open all games for everyone to enjoy. Games such as Canasta, Socki, Euchre, Uno, Bridge, Pinochle, Pegs & Jokers, Dominoes, board games, etc. are all good options.

Non-members can join us as a guest a single time; when they enjoy the afternoon, we're sure they will want to join AEC and come back each week for more fun!

WORD SEARCH

GRANDCHILDREN



I	Z	Z	G	G	V	P	H	S	E	I	T	R	A	P
S	W	V	N	V	N	T	I	U	P	V	X	D	D	A
T	S	P	I	R	T	I	R	C	J	O	U	Q	W	P
H	E	R	R	D	F	M	P	T	T	L	R	A	R	D
G	I	K	O	T	Z	E	E	M	T	U	R	T	I	Y
I	R	N	L	K	D	E	G	D	A	D	R	N	S	A
N	O	W	O	I	N	Y	T	B	S	C	N	E	C	D
R	T	A	C	M	E	M	O	R	I	E	S	H	H	H
E	S	N	E	C	I	L	G	O	R	C	Y	S	O	T
V	P	R	E	S	E	N	T	S	S	O	A	C	U	R
O	I	G	S	E	I	M	L	E	M	L	D	H	F	I
Z	T	G	V	K	Y	B	A	B	U	L	I	O	F	B
Z	U	O	A	S	V	E	B	P	B	E	L	O	E	E
H	L	B	H	G	K	G	O	A	L	G	O	L	R	K
U	T	C	Q	P	I	B	X	D	A	E	H	O	J	J

ADULT

BABY

CAMPING

COLORING

HUGS

MEMORIES

PICTURE

SCHOOL

TEEN

TRIPS

PHOTO ALBUMS

BAKING

CHOUFFER

DINNERS

LICENSE

OVERNIGHTS

PRESENTS

SPORTS

TIME

AWARDS

BIRTHDAY

COLLEGE

HOLIDAYS

LOVE

PARTIES

PUZZLES

STORIES

TODDLER



**Department of
Aging**

10 Million Steps Campaign in September



Exciting things are happening at Allen Eiry Center!

We invite you to be a part of something larger in the State of Ohio by walking as a group Thursday, September 19, 2024 at Hedges-Boyer Park in Tiffin @ 10:00AM. The goal is to walk as far as you can up to 1 mile. If you can not walk the full mile, it is fine. We encourage everyone to participate.

Along with our Basic Balance program at AEC, this special walking event will provide an opportunity for people to gather and walk a mile to raise awareness of older adult falls. You are welcome to bring a friend(s) to participate. There is no cost and it is open to the public.

No registration needed, just show up at the event.

If it rain date will be Thursday, September 26 @ 10:00AM.



LIVE UNITED 



Allen Eiry Center 4th Annual Golf Scramble

Saturday, Sept. 7, 2024 @ Clinton Heights Golf Course
Shotgun Start @ 8:30AM
Registration deadline is Sept. 1st

Team Prizes:

1st Place — \$300

2nd Place — \$200



TEAM COST \$260.00

INDIVIDUAL \$65.00

EVENT INCLUDES:

18 Holes of Golf with Cart

**Lunch for Four— Hotdogs & Burgers
(Immediately following)**

1 Drink Ticket per Person

Door Prizes

Skins

50/50

Mulligans

Hole Contest Prizes

#14 "HOLE IN ONE"

Proceeds to benefit the Allen Eiry Center